## **Sports Medicine**

## Summer Physical Guidelines for Fairfield Area School District

What: Pre-participation physicals for Fairfield High School and Middle

School affiliated fall athletes.

Who: Fairfield Area School District students entering grades 7-12

When: July 15<sup>th</sup> and July 29<sup>th</sup>, 2020 from 5:00-7:00pm

Where: WellSpan Rehabilitation and Fairfield Family Medicine

## Things you need to know:

- Masks <u>MUST</u> be worn by everyone entering the building.
- You will be screened prior to entering the building.
- Only one family member will be permitted to accompany the athlete coming for a physical. All other family members must wait in their vehicles.
- There will be no waiting area inside the building.
- All efforts will be made to maintain social distancing throughout the physical process.
- You will be required to sign up for a time slot. You can do so at https://www.signupgenius.com/go/9040548AFAA2FA1F58-fall
- Staff members performing physicals will clean equipment and hands properly between every athlete.
- All paperwork must be completed before arriving to your scheduled time slot. Section 6 will be completed at physicals. If you arrive with incomplete paperwork, we cannot guarantee that you will be seen. You can download the latest version of the PIAA CIPPE form at <a href="https://www.fairfieldpaschools.org/cms/lib/PA01000417/Centricity/Domain/3/PIAA%20CIPPE%20Form%202017.pdf">https://www.fairfieldpaschools.org/cms/lib/PA01000417/Centricity/Domain/3/PIAA%20CIPPE%20Form%202017.pdf</a> on the Athletics' website.
- **DO NOT BE LATE**. If you are late, we cannot guarantee that you will be seen, as we must stay on schedule this year.
- Please understand that we have very limited spots to offer this year. If you do not play a Fall Sport for the school, you will be turned away. We ask that you only schedule an appointment if you can absolutely attend it.
- If you are unable to get a physical with us at school, you can be seen by your PCP or visit WellSpan Urgent Care—Just take the PIAA form! Find a location at <u>https://www.wellspan.org/programs/urgent-care/</u>

24/7 Injury Hotline: (877) 482-5420 WellSpan.org/SportsMedicine

